

Barstow Log

ICE

Burn your
own steak
-2-

Old Glory

I pledge
allegiance

-4-

Rifle

Out on the
range

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ATC

Marines land
in Peru

-7-



Photo by Lance Cpl. Brian L. Lewis

Marines with Company B, 1st Battalion, 2nd Marine Regiment, patrol through the city of Rutbah. Patrols are routinely sent out in efforts to locate, prevent and disrupt any insurgent activity in the area. Patrols are vital in combating the enemy threat in Iraq.

Marines make presence known in Rutbah

By Lance Cpl. Brian L. Lewis
2nd Marine Division

RUTBAH, Iraq-- Marines from Company B, 1st Battalion, 2nd Marine Regiment, Task Force Tarawa, are leaving a mark in the hearts and minds of the citizens.

The company, having been in the area for only a few months, has noticed a change in the people's attitude toward coalition forces.

"The people here are helping us out with information that is vital," says Capt. Brent H. McClellan, the company commanding officer. "Especially, ever since the Iraqi police were put in place, we've had full support

from them."

The Marines have made strenuous efforts to bring safety to the area for themselves, as well as the Iraqi people.

"Bravo Company is here for one reason, a peacekeeping mission," said 1st Sgt. Ramon M. Nash, the company first sergeant. "We are here to protect the innocent and one of our biggest concerns is to look out for not just our own, but the Iraqi people's welfare as well."

The company is having no trouble keeping that promise to the people, as patrols are kept on a routine basis allowing Marines to constantly be searching for anything that could

bring harm to the area.

"We are looking out for them, and because of this we have been well accepted," Nash said. "Unfortunately, we sometimes have to interrupt their daily routines for a search, for example, but they understand that it is only in their best interest."

The mission has been highly successful since their arrival, and has only hit a few bumps along the road.

"We have received some problems in the city, but nothing I would have considered dealing with the insurgency," McClellan said. "Rutbah, like any other city, has criminals, and I believe that is what those problems have been."

Having met constant success, the company looks toward a bright future for the stabilization of the city and the surrounding areas.

"The main idea is hoping to turn over the entire area to the protection of the Iraqi police, who have done an amazing job, but are not quite ready," McClellan said. "Until then, we will continue to maintain security in the area for the safety of the Iraqis."

Task Force Tarawa is part of Regimental Combat Team 2, a Marine Corps command responsible for more than 30,000 square miles and 5,500 Marines, sailors and soldiers in Iraq's Al Anbar Province.



Tune in
on cable
Channel 80

Check out the
Marine Corps
Web site:

<http://www.usmc.mil>

or the MCLB
Barstow Web site at:

<https://www.bam.usmc.mil/>

ICE

Comments, questions or concerns filed with the base Interactive Customer Service Evaluation system are automatically routed to the service provider, and the service provider can respond directly. To access the ICE Web site, visit the MCLB Barstow Web site located at: www.mclbonline.barstow.usmc.mil and click the ICE logo.

This week's ICE corner features a question concerning prices at the Oasis Club's Bum Your Own Steak Night

Customer's Comments:

I am really curious as to the recent increase in the price of the steaks on Bum Your Own Steak at the Oasis Club. The price went up from \$8 to \$11.50 for members and \$13.50 for non-members. I realize that the numbers have significantly reduced since football season is over but for the few and faithful patrons even though we are small in number, I feel that this price increase is unwarranted. The

steaks are bought at the commissary mainly from the frozen meat section for \$3-\$4 each and to turn around and charge \$11.50-\$13.50 each is absolutely ridiculous. There seems to be no Customer Service/Customer Loyalty for anything that is managed by MCCC.

Manager Response:

Thank you for taking the time to email us; this was not an easy thing for us to do. This price change has been a long time coming. The \$8 we were charging was not enough to cover the cost and when you figure in members buy one get one for half price. This

didn't even cover the cost of the steak. Also we just were audited by HQ on the club and one of the recommendations was to raise the prices across the board. We are trying to hold the price to \$11.50 for members, when you see \$4 for the steak this does not include potatoes, side, salad, drink, dishes, and the biggest expense LABOR.

So, if there is an issue of customer service and loyalty you can see we work to keep the prices low, and every dollar that MCCC makes goes back to Marine Quality of life.

Chaplain's Corner

Is freedom worth a sweet potato

By Lt. Tavis Long
Base Chaplain

The British General Banastre Tarlton, was chasing the American patriot Francis Marion through the swamps of South Carolina during the American War for Independence. General Marion was masterful at staying concealed in the swamps, only emerging long enough for quick attacks on the British. He would then retreat back into the swamps before the British could react. General Marion's fame quickly spread earning him the name, the "Swamp Fox."

Soon, the British became exasperated with General Marion and sent General Tarlton, by order of Lord Cornwallis, to meet Marion asking for a meeting under a white flag of truce.

General Marion agreed to the conference, and sent an armed escort to a prearranged sight to meet the British general. Upon the meeting, Marion's men blindfolded the British general and his aides and led them through the swamp to where General

Marion was encamped.

The two generals demonstrated their mutual respect for each other, and the meeting soon turned into a conference regarding tactics of war.

General Tarlton insisted that the rebels acknowledge the barbarity of their tactics in guerilla warfare and that they only fight the customary "gentlemen's war" which included the two armies meeting in an open field and firing at each other at point-blank range.

Knowing he was outnumbered and outgunned, to fight in the ways of the Old World would mean certain annihilation; so, General Marion refused to succumb to the visiting general's wishes. The two finally realized they were at an impasse and the British general stood up requesting to be returned to his camp.

However, it was time for evening

See **CHAPLAIN** Page 8



Just doing my job ...



Photo by Cpl. Quentin Grogan

Kristy Madrid, recreational attendant, cwipes down workout equipment in the base gym. Madrid, a Barstow native, has worked on base for three months, two of which were at the gym. She enjoys working out and likes the atmosphere at her workplace.

Chapel Services

Catholic Mass
St. Joseph's Catholic Church
505 E. Mt. View Barstow
Sundays, 7:30 a.m. Misa En Espanol
9:30 - 11:30 a.m. English

Protestant Services
Sunday 9:00 a.m.
Jewish Services
Call 252-0148
for more information

Barstow Log

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News Briefs

Barstow 4th of July Celebration

The City of Barstow revealed plans for its 10th annual 4th of July Fireworks Spectacular at the Robert A. Sessions Memorial Sportspark.

The free community celebration day will include a jam-packed day of activities. Features of this year's event include giant inflatable water attractions, two giant bounce houses and, of course, "The American Journey" fireworks spectacular as the culmination of the day's events.

The celebration will take place on Wednesday, July 4, at the sportspark.

The event is a way for the City of Barstow to thank its residents for their successful recycling and trash diversion efforts.

The day will begin with a free 5K Freedom Walk/Run. The men and boys' race starts at 7:30 a.m. with the women and girls' race starting at 7:45 a.m.

The City will provide prizes to the winners and free refreshments after the run/walk. Sign-ups will start at 7 a.m. in the parking lot of the Sportspark.

Other highlights of the day include a fireworks show set to music simulcast on KDUC 94.3 FM; a "Battle of the Karaoke Champions" competition; a Kids' Talent Show, courtesy of the Barstow Library's Summer Reading program; the announcement of the winners of the Re-Create Art contest (entry form available on the City's web site, City Hall, Desert Discovery Center and Burrtec Waste Industries).

Free transportation is provided by MV Transit from remote sites to the event at 2800 Mayor Katy Parkway

in Barstow. The gates will open at 2 p.m. and close after the fireworks at around 10 p.m.

For more information, contact the City of Barstow at 256-3531 or visit the city's web site at www.barstowca.org for a complete list of the day's events.

Commissary Hours

The base commissary will be open July 4 from 9:30 a.m. until 6 p.m.

Parking Lot Closures

The following parking lots are scheduled for upcoming maintenance:

Monday - west side of Building 15 and the Oasis Club.

Tuesday - east side of Building 15 and the Oasis Club.

Employees should expect delays and should adjust time going to their place of business accordingly.

Drivers are advised to take caution when driving in construction zones and observe the instructions from flagmen and construction signs.

Please direct any questions or concerns to Gio Galacgac, Public Works 577-5822.

Commissioning Packages

For those Marines filling out officer packages, the deadline for Broadened Opportunity For Officer Selection and Training and Marine Enlisted to Commissioning Education Program packages must be turned into the base adjutant no later than today.

Housing Demolition

Fencing has been placed around the areas that are be-



ing prepared for demolition (Desert View and Club Street).

Everything within the fenced area belongs to the contractor.

In Desert View, this fenced area is not only slated for demolition but it is also where the new housing units will be constructed.

After construction and when the rest of the housing personnel are moved out of the non-fenced area, those housing units will be demolished.

Club Street housing will be demolished and reconstructed in place for the most part.

For questions or concerns, contact the Public Works Officer, Capt. Teddy Gilmore, at 577-6369.

Dig permit

Before digging on the base, a proper dig permit is required.

To obtain a dig permit

contact Charles Perkins at Installation and Logistics Department building 198, (760) 577-6739 who will then forward it through the proper channels.

Although requests should be turned in 14 days prior, before you start digging (as stated in BO 11010), an emergency hardcopy request may be walked through.

In that case, the request is walked through from Charles Perkins to Rick Wiley, Environmental Division and Communications Division, with a copy going to Perkins.

Student Hires

Student Hires (Federal Employee's) are not authorized to operate Government-owned or leased commercial or administrative use vehicles, unless they have documented evidence of having completed a Driver's Improvement Course

(this course is NOT received through the high school drivers course or taking the standard driving license test).

MCO 11240.66D states that "Licensed applicants less than 26 years of age must possess documented evidence of successful completion of a Driver's Improvement Course."

For questions, concerns or how to obtain proper documentation (DIC license) please contact Installation and Logistics Department, Tim Hutzley at (760) 577-6759.

Editor's Note

"News Briefs" are designed to disseminate information to the MCLB Barstow community. Any submissions to be used in the paper should be received Fridays by noon for the following week's issue. Submit briefs via e-mail to BSTW_PAOLIST@usmc.mil.

I am the flag of the United States of America

By Ruth Apperson Rous

I am the flag of the United States of America. I was born on June 14, 1777, in Philadelphia. There the Continental Congress adopted my stars and stripes as the national flag.

My thirteen stripes alternating red and white, with a union of thirteen white stars in a field of blue, represented a new constellation, a new nation dedicated to the personal and religious liberty of mankind.

Today fifty stars signal from my union, one for each of the fifty sovereign states in the greatest constitutional republic the world has ever known.

My colors symbolize the patriotic ideals and spiritual qualities of the citizens of my country.

My red stripes proclaim the fearless courage and integrity of American men and boys and the self-sacrifice and devotion of American mothers and daughters.

My white stripes stand for liberty and equality for all.

My blue is the blue of heaven, loyalty, and faith.

I represent these eternal principles: liberty, justice, and humanity.

I embody American freedom: freedom of

speech, religion, assembly, the press, and the sanctity of the home.

I typify that indomitable spirit of determination brought to my land by Christopher Columbus and by all my forefathers - the Pilgrims, Puritans, settlers at Jamestown and Plymouth.

I am as old as my nation.

I am a living symbol of my nation's law: the Constitution of the United States and the Bill of Rights.

I voice Abraham Lincoln's philosophy: "A government of the people, by the people, for the people."

I stand guard over my nation's schools, the seedbed of good citizenship and true patriotism.

I am displayed in every schoolroom throughout my nation; every school yard has a flag pole for my display.

Daily thousands upon thousands of boys and girls pledge their allegiance to me and my country.

I have my own law—Public Law 829, "The Flag Code" - which definitely states my correct use and display for all occasions and situations.

I have my special day, Flag Day. June 14 is set aside to honor my birth.

Americans, I am the sacred emblem of your

country. I symbolize your birthright, your heritage of liberty purchased with blood and sorrow.

I am your title deed of freedom, which is yours to enjoy and hold in trust for posterity.

If you fail to keep this sacred trust inviolate, if I am nullified and destroyed, you and your children will become slaves to dictators and despots.

Eternal vigilance is your price of freedom.

As you see me silhouetted against the peaceful skies of my country, remind yourself that I am the flag of your country, that I stand for what you are - no more, no less.

Guard me well, lest your freedom perish from the earth.

Dedicate your lives to those principles for which I stand: "One nation under God, indivisible, with liberty and justice for all."

I was created in freedom. I made my first appearance in a battle for human liberty.

God grant that I may spend eternity in my "land of the free and the home of the brave" and that I shall ever be known as "Old Glory," the flag of the United States of America.

Editor's Note: This writing was reprinted by www.usflag.org in dedication to the flag of the United States of America.



U.S. Independence Day

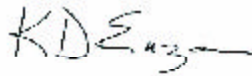
On July the 4th 1776, members of the Second Continental Congress adopted the Declaration of Independence and stated, "We mutually pledge to each other our lives, our fortunes, and our honor." For those 56 signers, these were not idle words. Nine of them died of wounds or hardships during the subsequent War of Independence. Five were captured, imprisoned, and suffered brutal treatment. Several lost sons, or entire families. One lost his 13 children. Many lost their homes or were driven from them. Their commitment to freedom was without question.

Today, two hundred and thirty one years later we find that same commitment in the young men and women of our Armed Services who are at this very moment enduring the hardship and sacrifice of combat to fulfill that same sacred pledge for freedom.

For 65 years, MCLB Barstow Marines, Sailors, and Civilian Marines have ensured that our warfighters have had the material they needed to fulfill our founding fathers' pledge. All of us, aboard this installation can be proud that our efforts ensure the resultant freedom and prosperity for all Americans to enjoy this Independence Day, take pride in MCLB Barstow's legacy of being part of something bigger than ourselves.

Please enjoy the holiday with your family and friends. Rebecca and I wish you a safe, happy and glorious Independence Day.

K.D. Enzor



Colonel, U.S. Marine Corps
Commanding



Col. K.D. Enzor

Every Marine a rifleman, MCLB riflemen return fire on recently renovated rifle range

Story and photos by
Lance Cpl. Josh Carmona
Combat Correspondent

Sunrise. The sounds of 5.56mm ball round ammunition shrieking signals of impending ruin sound like nothing more than tiny pops to motorists listening to the radio while traveling along Interstate 40 through

Barstow. What motorists don't know is Marines aboard base are getting back to business, the business of rifle marksmanship.

September 2005, shots aboard the Known Distance Rifle Range gave way to the rumble of construction, but the range renovation was plagued by setbacks and obstacles. The range was

rebuilt to include new equipment, bigger berms and a 25-yard line for the second table of rifle qualification, combat marksmanship, said Staff Sgt. Michael Woods, base range manager.

Woods said one of the major delays in the range's construction was due to an original inhabitant of the KD range, the Desert Tortoise.

Rounds from an M16A2 Service Rifle travel around 150,000 feet per minute according to the Marine Corps online fact files. The desert tortoise (*Gopherus agassizii*) on the other hand moves at a stunning 17.6 feet per minute, needless to say, the hurry up and wait policy of the Marine Corps had to wait a couple years to ensure the safety of the threatened tortoise. The most extreme caution was taken during the construction process, said Woods.

Protective signs were

posted in the area; protective fence netting was put in place along the perimeter all to ensure the safety and longevity of one of the Mojave Desert's oldest residents.

Lance Cpl. Brian Rowl, Chaplain's assistant had long awaited the completion of the range.

"I wanted to excel in being a rifleman because one day I'd like to be a rifle and pistol coach," said Rowl. "If I didn't want to be the best, I'd join another service."

Rowl formerly qualified as a sharpshooter and after the course he is now an expert shooter.

Rowl said he used rifle marksmanship fundamentals to achieve a high shooting score. Fundamentals were taught to the Marines by Barstow's own rifle marksmanship coaches.

Lance Cpl. LanceMichael Akimseu, marksmanship coach, said he was impressed with the Marines' performances while on the range.

"Everyone did well, paid attention in class and applied proper fundamentals," said Akimseu.

He said the fundamentals of shooting teach Marine shooters to control the body's natural movement and breathing patterns to fire an aimed shot.

Akimseu said firing accurately isn't an easy feat by any means. Shooters must be able to shoot accurately from the standing,



Lance Cpl. James Morgan, K-9, receives rounds for pre-qualification practice. The rifle qualification teaches Marines good shooting skills that will protect them when deployed all over the world.

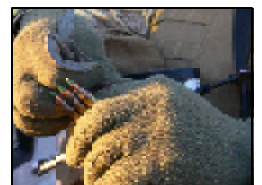
knelling, sitting and prone positions and from the 200, 300 and 500-yard lines.

Table one of rifle qualification is a mix of slow fire, where Marines can test marksmanship from difficult firing positions, and rapid fire, where Marines test their skill with a shorter time limit.

Table two qualification evaluates the Marine's abilities to fire in a combat situation. The combat marksmanship is fired from a much closer distance to the target, the 25-yard line.

Rowl and Akimseu were proud to be a part of the first rifle course aboard the base's new range, and hope that there will be more courses in the future.

"There's a rush shooting the rifle, there's no other feeling like it in the world," said Rowl.



Sgt. Clinton Inness, rifle marksmanship coach, shows that steel sharpens steel by helping a shooter develop good shooting skills on the range. Inness was assisted by fellow rifle coach Lance Cpl. LanceMichael Akimseu.



A Marine aims in at a moving target during the second half of the qualification process. Marines on base learned proper shooting techniques in combat situations. The combat marksmanship took place on the last day of the rifle range training. Marines had to qualify on the combat marksmanship and on the known distance range to fulfill their training requirements.

Smooth logistics usher Marines in Peru

By Maj. Dan Huvane
Headquarters Marine Corps

ANCON, Peru -- Marines and sailors deployed in South America continue to ensure that complicated and potentially cumbersome logistics do not slow down the many movements of Special Purpose Marine Air-Ground Task Force 24 this exercise.

Following a timely and efficient loading of the USS Pearl Harbor (LSD 52) in Iquique, Chile, June 10, the Marines and sailors of SPMAGTF 24 and Commander Destroyer Squadron 40 conducted a successful offload of Marines, vehicles and gear onto the beach at Ancon, Peru, by Landing Craft Unit. Now that same logistics capability is supporting multiple convoys to the field for training with Peru's Infanteria de Marina, or Marine Corps.

"We have intelligent and capable Marines that were basically on autopilot," said Capt. Shawn D. Tyson of Bettendorf, Iowa, logistics officer for SPMAGTF 24. "We had a good plan laid out, and guys simply executed on their own. Marines figure it out," added Tyson, the Inspector-Instructor of General Support Maintenance Company, 4th Maintenance Battalion, 4th Marine Logistics Group in Rock Island, Ill.

Comprised of elements of 24th Marine Regiment and attachments from Marine Forces Reserve and other units, SPMAGTF 24 is deployed in support of Partnership of the Americas 2007, an annual exercise conducted to increase regional security and cooperation among nations of the Western Hemisphere.



Photo by Maj. Dan Huvane

Marines of Special Purpose Marine Air-Ground Task Force 24 embark onboard the USS Pearl Harbor (LSD-52) in Iquique, Chile, for transit to Peru. SPMAGTF 24 is deployed in support of Partnership of the Americas 2007, an annual exercise conducted to increase and improve regional security and cooperation among nations of the Western Hemisphere.

Gunnery Sgt. Brian M. Paulsen of Colecamp, Mo., has served as acting officer in charge of the "Boat Riders," Marines who stay onboard the ship throughout a deployment to maintain and position vehicles and equipment, since boarding the Pearl Harbor in San Diego on March 3. He and his seven Marines transited the Panama Canal and made port calls in Panama, Brazil and Argentina, even sailing through the Straits of Magellan, before the rest of SPMAGTF 24 met the ship in Valparaiso, Chile.

"Everybody was clicking, moving fast and working well with one another," said Paulsen, now returning stateside, of the recent on-load and off-load evolutions. "The young Marines didn't need to be told much -- they were proactive, not reactive."

Staff Sgt. Danuel J. Dempsey of Ithaca, N.Y., motor transport chief for SPMAGTF 24, will pick up the duty of embark representative aboard ship when the vehicles are loaded back onboard. He pointed out that the offload at Ancon was accomplished with a small number of Marines who were needed for multiple trips, due to the gap between one group of Marine reservists who had returned home and another who had not yet arrived in South America.

"I'm pretty impressed, given the lack of manpower and the rotating of the drivers, that we made it work," said Dempsey. "Some of us even had to get wet, due to the difficulty in judging the waves when rushing to get back on the LCU."

The available drivers, members of the core staff of SPMAGTF 24, each managed to drive a vehicle onto the LCU from the ship's well deck, ride the craft to shore, drive it off onto the landing beach, join a convoy to the base, stage the vehicle, catch a ride back to the beach, then board an LCU returning to the ship to do it all over again with another wave.

One driver who made three



Photo by Sgt. Justin Park

Vehicles of Special Purpose Marine Air-Ground Task Force 24 conduct a successful offload from the USS Pearl Harbor (LSD-52) by Landing Craft Unit on the beach at Ancon. SPMAGTF 24 is deployed in support of Partnership of the Americas 2007, an annual exercise conducted to increase and improve regional security and cooperation among nations of the Western Hemisphere.

such trips was Sgt. Anthony A. Davis of Harlem, N.Y., chief of the Secure Mobile Anti-jam Reliable Tactical Terminal. He spoke of the challenges faced in a day of offloading multiple heavy vehicles, not least of which was maintaining control of a seven-ton truck when making narrow turns that the minivan leading the way can easily navigate.

"Not taking out a telephone pole, that was a challenge," said Davis, who serves as SMART-T chief and training noncommissioned officer at Communications Company, Headquarters Battalion, 4th Marine Division in Cincinnati, Ohio. "But most challenging was making an amphibious landing with a SMART-T, which is never really done. Once the water reaches the tailgate, it becomes dead-lined and of no use to us at all."

"The key to success was correct, proper planning -- having enough drivers in the right place at the right time, and ensuring those drivers are capable of operating those vehicles," added Davis.

Prior to embarking on the ship, Paulsen was responsible for supervising the transportation of vehicles and gear from Kansas City, home of 24th Marine Regiment, to San Diego. There were also vehicles and gear to be gathered from other units across the country, from Seal Beach, Calif., to New Orleans, and the loading of those vehicles onto the ship by LCU in Coronado Bay. The task of escorting the vehicles through the remaining deployment and back to the ship's homeport, then dispersing them to their units, will shift to Dempsey.

"The final gear turn-in is a challenge," said Dempsey, who spent over three years with the 31st Marine Expeditionary Unit in Okinawa working embarkation issues. "We can't work on our desired schedule, but whatever it takes to get the job done safely, we'll do it."



Around The Corps

CHAPLAIN from page 2

supper and General Marion insisted on the general joining him for dinner. The general agreed and the two sat down to eat.

The meal consisted of a single sweet potato served on a bark plate. General Marion insisted that the British be fed first and then his men; he and his officers would eat what was remaining. Knowing that there were not enough potatoes to feed everyone, General Marion secretly gave orders to place a rock in the coals to fill the quota of potatoes.

Upon serving the meal, General Marion had the rock placed on his own plate and “pretended” to pick at it throughout the meal as if he were not hungry. But, General Tarlton was not fooled.

The visiting general was so intrigued by this display of courtesy that he asked General Marion why he was so dedicated to a war that they appeared to be losing.

He could not fathom the loyalty to a cause and army that provided only sweet potatoes to eat. So, he asked General Marion exactly how much money he was being paid to fight as a Continental officer.

General Marion looked at the visitor and replied that he was being paid nothing. In fact, none of his men were being paid. Then, when asked why he continued to fight for no pay, General Marion with a patriotic pride in his voice said, “Because we want to be free; and that is payment enough.”

General Tarlton was so impressed by this that he set

his potato to the side and refused to eat. The visitor once again expressed his appreciation for the hospitality and asked to be returned to his camp.

When Tarlton returned to his quarters, he immediately picked up a quill and paper and by candlelight he wrote a letter to Lord Cornwallis. In the letter he stated that the Americans would never be defeated if they maintained the same dedication as found in General Marion and his men.

Accompanied with his letter he sent his letter of resignation from the Royal Army and asked that he immediately be returned to England.

There is a plethora of great stories commemorating the loyalty, patriotism, and dedication of those who fought to give us the freedom

we enjoy. Our American History is filled with testimonies of men and women who were dedicated to the cause of freedom. This coming week we will be celebrating our nation’s birthday.

The United States of America will be turning 231 years old. For 231 years we have celebrated being a free people. However, do not let this 4th of July be merely a birthday celebration, but an opportunity to recognize the hand of God that has been placed on this nation.

God has blessed this nation. The dedication of men like General Francis Marion has enabled our great land to truly be the land of opportunity.

Many like to use the old cliché, “God Bless America”; but what does that really mean? Are they

merely words or do they have a meaning? Has God really blessed America? History has proven that he has. So, have you taken the time to thank him for the liberty he has entrusted you?

Because we have been blessed we no longer have to eat only sweet potatoes, live in a swamp, and get paid nothing for our dedication to the plight of freedom.

I am reminded of the words on our Liberty Bell. The words come from the Holy Bible. It says, “Proclaim liberty throughout all the land unto all the inhabitants thereof.” (Leviticus 25:10).

Everyday, thank God for the liberty that has been proclaimed to our land. Cherish it and protect it, and when the time comes—fight to keep it.



Bowling Center Update

If you have not received a "First Game Free" Bowling coupon stop by one of the MCCS facilities today. These coupons are available to all MCLB patrons from June 22 through July 20. The coupon will be valid for one free game of bowling at the newly remodeled Bowling Center. Bowling hours are Wednesday, Thursday and Friday 11 a.m. to 6 p.m., Saturday and Sunday 10 a.m. to 5 p.m. For more information, contact James Amos at 577-6264.

Swimming Lessons

The Oasis Pool is now open for

the season, and is offering swimming lessons. The first session began Monday and will go through July 6. With various skill levels offered there is a class to fit everyone.

For more information, call 577-6971.

Days of operation are Tuesday through Sunday from 11 a.m. to 7 p.m. Lap swimming goes from 11 a.m. to 1 p.m., with open swimming from 1 p.m.

Pricing is as follows:

Season passes are \$30 for Individuals, \$90 for a family of four, with each additional child \$7.50.

Monthly passes are \$15 for in-

dividuals, \$35 for a family of four, with each additional child \$3.75

Daily Lap Swimming - Free

Ages 2 through 10 - Full Day

\$1.50

Ages 11 and up - Full Day \$2

Guest - Full Day \$2.50

"Let's Talk"

New Parent Support Program

Upcoming dates and topics for the "Let's Talk" series are as follows: July 10, Toilet Training; July 17, Temper Tantrums; July 24, When to call a Doctor; July 31, Effective Discipline, and August 7 - 28, Keeping pace with growth and development. The series is being presented by Marine & Family Services, on Tuesdays from 1:30 to 3 p.m. at the Base Library, room 100.

All formalities are set aside and the group will view video presentations in a relaxed atmosphere.

Some of the topics will cover how children develop from one to six years, child safety, age related behavior, effective discipline and many more.

So stop by and share a fun afternoon, meeting with other parents

or soon to be parents.

For more information, contact Mr. Thomas Addison at 577-6533.

July 4th

All American Barbecue

Looking for a fun filled way to spend the afternoon of July 4? Stop by the Oasis Pool for an "All American Barbecue," from 1 to 4 p.m.

We will be offering at no charge, (That's Right - IT'S FREE!) open swimming along with a full barbecue menu.

Lots of fun for the family and you will still get home in time to enjoy the local fireworks display. For more information see the posters throughout the installation, or call 577-5893.

Family Dining

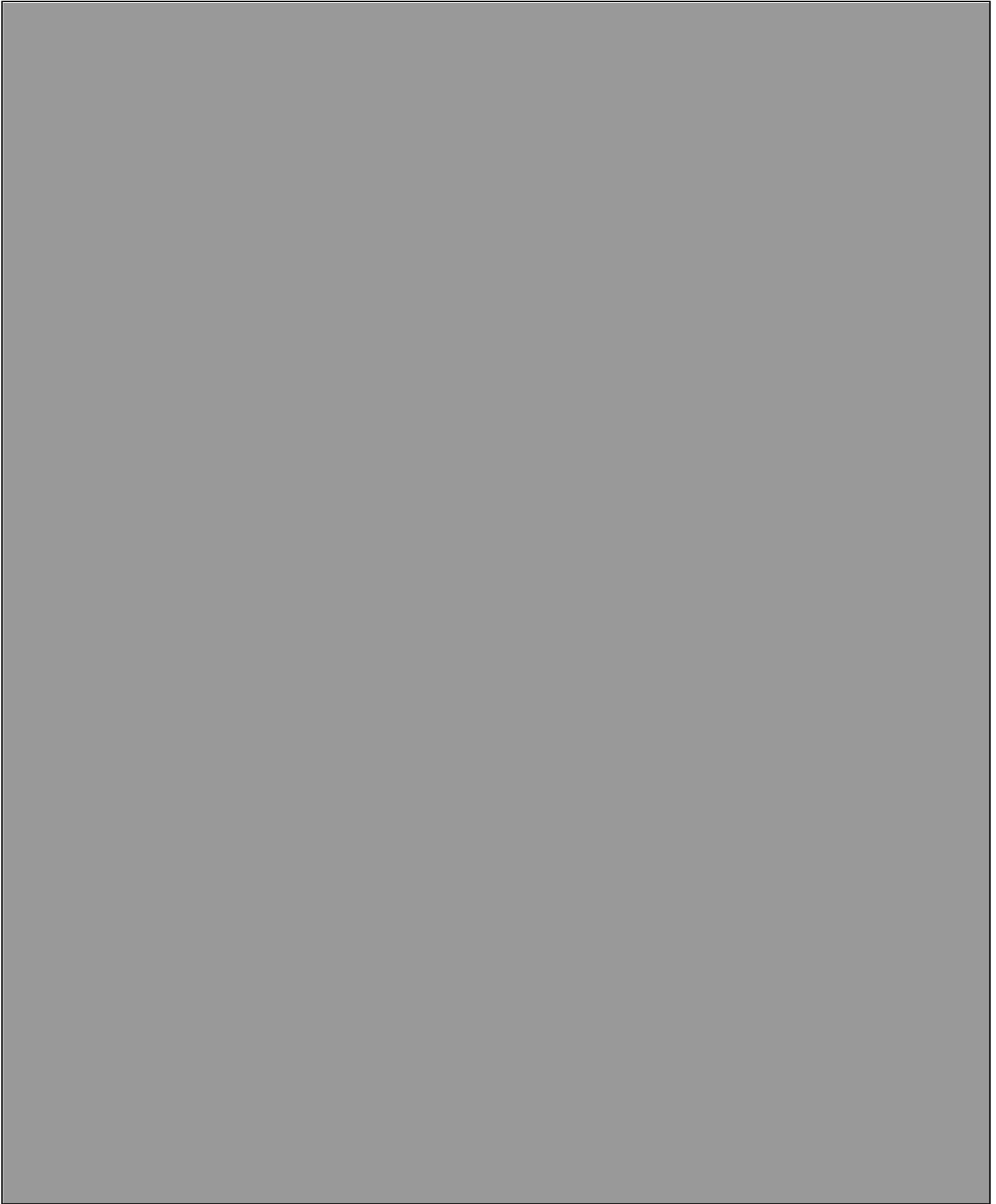
June menu for Family Dining is:

Tonight June 28 - No Family Dining, due to special event

Remember, make Family Dining Night a traditional night out, and let us do the dishes!

For more information, contact the Oasis Club at 577-6432.





FURNITURE Futon Bunk Bed, white. \$150. Call 256-2434 or 784-4089

AUTO 1997 Nissan Maxima with 104K miles, new tires, taken care of, good condition. A/C, power windows. Beige color, automatic. Asking \$4,000. Call 252-2441

ENTERTAINMENT Oak Veneer entertainment center, fits a 32", shelves for audio with glass doors, 2 drawers, pullout video cassette rack, storage compartment with door. \$450 call. Call 255-4205.